

OVERVIEW of TOPICS

For Your Animal Communication Session
with Anne Marie at Our Charismata



EMOTIONAL BEHAVIORAL

- * Emotions and thoughts conveyed telepathically and translated by me to communicate to you. Essentially, what are their thoughts?
- * Know your animals' emotional needs, in varying circumstances, and understand how that relates to your coexistence.
- * Be able to look at things through the animals' eyes. See and include their point of view when making or enforcing boundaries (rules).
- * Clearly help the animals understand *WHY* it is that you, other humans, and other animals prefer and feel the most comfortable, the most safe with the outlined, explained boundaries /

behavioral rules. (Meeting new non-human animal friends or new humans, as an example.) They have to know the “why” of it! It is such a simple step that it is easy to overlook! [Here clients also usually learn a quick practice in real time, if they do not already know, of sending the animal friend a mental, *visual image message*... because visual images from you (often more than vocalizing) are a strong communication preference.]

* Discover what is behind a worrisome behavior. For example: phobias, inappropriate elimination, spitting up food or water, aggression, extreme anxiety, excessive pacing, gnawing, and others.

* Then, with insight, clear up the cause, or causes behind the identified behaviors to reestablish mutual understanding, and identify the key thoughts and actions for the journey going forward.

RESCUED ANIMAL COMPANIONS

* Insight helps with the transition, bonding, and allows you to get a picture of what the animal companion experienced before (if necessary). This assists in how to ease any remaining trauma, and promote healing surrounding previous living conditions, neglect or abandonment.

FAMILY DYNAMICS

* Feelings and thoughts about the dynamics in the home; new additions, a recent death, etc.

* Feelings or concerns about relationships among more than one animal companion in the home. Who is going through a rough patch and why. Mutual exchange of ideas for how to address this area; shed light and understanding.

* Topics you would like to be sure your animal family understands.

HEALTH AND PHYSICAL

- * Food preferences and food sensitivities. General sensitivities and related requests.
- * How much play time / energy expression is ideal. Does it change from day to day? Does weather affect this? Agreeing on a way to let the human know, “This is great,” “Too much,” “A little more today please?” Insight into creative ideas to implement. This includes MENTAL ENERGY exertion, too! Some animal companions are thinkers and learners at heart!
- * Insight into the contributors to dis-eases, and possible interventions that show to be the most compatible and promising for the specifics of your animal companion's body and mind.
Not to conflict with your Veterinarian’s advice; I am not a medical doctor.
- * Understanding *how to ease* separation anxiety.
- * Easing potential anxiety or related emotional upset about:
 - Being at the Veterinarian's office
 - Extended stays at “Pet Hotels, Spas, Retreats”
 - Bathing / Grooming
 - Daycare
 - Boarding
 - Visits to, or extended stays in, entirely new environments; relatives, partners, “pet” sitters.

FULL POTENTIAL!

- * Discerning the most compatible learning styles, and finding out about related requests to optimize learning.
- * I Love this! Identifying, or confirming, their unique talents, skills, tailored-to-them abilities, including talents-to-be-fulfilled-wishes (dreams...”Is this possible, please?!”).

AN INNATE SENSE OF PURPOSE Often includes a type of job or volunteer position, or how the animal companions would further like to share their skills and abilities in the service of others, including within the household.

END OF LIFE PHASE and SUPPORT

- * Insight into the 'end of Life' phases of animal companions, and how it is from their perspective.

Know if they are ready to pass on and say, 'Goodbye.' Additionally, there is often the communication about: 'Look for these signs from me, after the time has come.'

- * Understand and confirm what aids in comfort, or easing / transforming pain. Insights into how 'pain' is experienced by animal companions.

THE MUTUAL WISDOM shared for COMPASSION and LOVE

- * Requests *made by YOU*, or communication that you would like to be sure your animal family knows on deeper, more emotional topics.
- * Specific requests *made by the animal companions*, on deeper more meaningful Life topics.
- * Specifies the animal friend truly enjoys (and sometimes asks for more of). These can be surprising!
- * Wisdom and Insight from the animal companion out of Love to assist you.
- * And most possibly any possibility!

Kind Suggestion!

Allow the space for all of your questions, your thoughts, and emotions to shine while you are jotting them down in preparation. You are gently encouraged to be playful, creative, curious, courageous, to think outside of the box, and to try not to censor yourself as you are brainstorming your questions for your beloved family or companions.

This is truly a judgment-free atmosphere. Your Love and care for your animal family or companions is greatly honored.

If you print out this guide, perhaps write your notes here; using the topics as question prompts! Additionally, this same paper can be used to take notes during our session.

The sessions and the content are not intended to work against what you, your veterinarian, trainer, or animal behaviorist are indicating. The aspiration is to maintain a collective harmony with all of your chosen modalities and, as you decide, the insights provided from your session with Our Charismata.

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